**LOCAL FOOD BANKS**



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**Mt. Arrowsmith Salvation Army** **Food Bank** – 250-248-8794 – 866 Wembley Rd, French Creek - **By appointment**

**Parksville Soup Kitchen** – 250-954-0707- Mt. Arrowsmith Salvation Army Community Church, 187 Alberni Highway, Parksville. **Take out meals only at this time** (2020) Monday, Tuesday, Wednesday and Fridays from 11 a.m. to 1 pm..



**Nanoose Bay Community Cupboard** – 250-468-9888 – Nanoose Place Community Centre**, By Appointment**



**Kiwanis Lighthouse Community Cupboard** – 250-757-8148 - Wildwood Church, 113 McColl St., Bowser, **By Appointment**



**Grace Community Cupboard** – 250-248-8793, Grace United Church, 2304 Alberni Hwy, Coombs